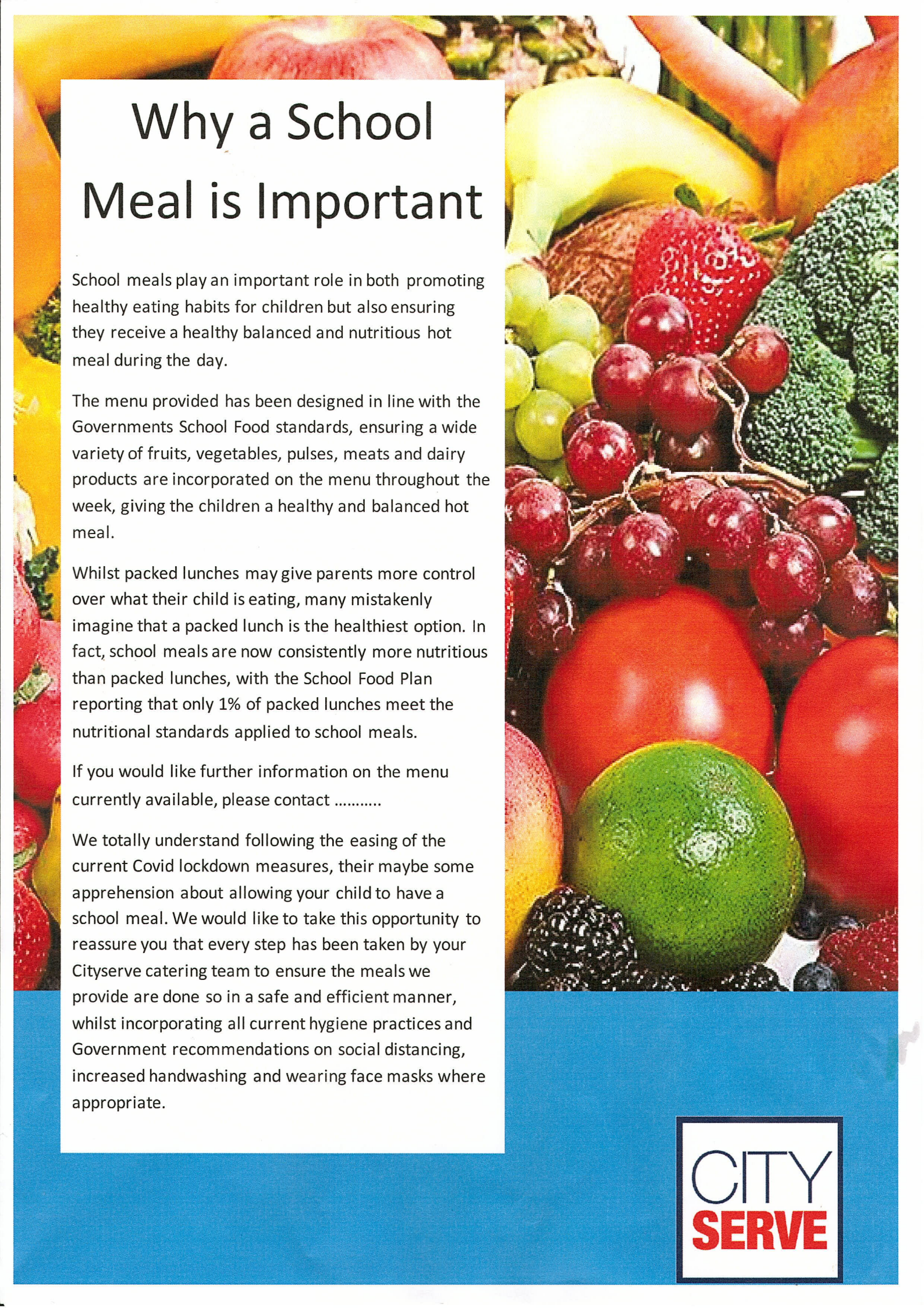




Why a School Meal is Important

School meals play an important role in both promoting healthy eating habits for children but also ensuring they receive a healthy balanced and nutritious hot meal during the day.

The menu provided has been designed in line with the Governments School Food standards, ensuring a wide variety of fruits, vegetables, pulses, meats and dairy products are incorporated on the menu throughout the week, giving the children a healthy and balanced hot meal.

Whilst packed lunches may give parents more control over what their child is eating, many mistakenly imagine that a packed lunch is the healthiest option. In fact, school meals are now consistently more nutritious than packed lunches, with the School Food Plan reporting that only 1% of packed lunches meet the nutritional standards applied to school meals.

If you would like further information on the menu currently available, please contact

We totally understand following the easing of the current Covid lockdown measures, there may be some apprehension about allowing your child to have a school meal. We would like to take this opportunity to reassure you that every step has been taken by your Cityserve catering team to ensure the meals we provide are done so in a safe and efficient manner, whilst incorporating all current hygiene practices and Government recommendations on social distancing, increased handwashing and wearing face masks where appropriate.

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