Birmingham forward steps
The best start for our children

Best Start for Life website

FamilyHubs BIRMINGHAM

best start for life

GBNFC GROUP

April-July 2025

GBNFC Children's Centre Selly Oak Family

0121 464 4189

If you need any additional support to access our groups, please contact us.

Providing activities and support for children Birth-5 and their families

Find us at: 213 Trittiford Road, B13 0ET
Like us on Facebook: GBNFC Children's Centre
Follow us on Instagram:@GBNFCCC

PLEASE CALL US FOR MORE INFORMATION ABOUT OUR OTHER SERVICES

Breastfeeding support, Antenatal Support, Infant Feeding, Introduction to food, Solihull Approach, Cooking, Baby Massage and Family Voices.

ALSO EEE FREE CHILDCARE FUNDING.

FAMILY SUPPORT

We have a Family Support Team who are on hand to support you with:

- Low Level Housing Advice & signposting
- Low Level Debt Advice & signposting
- Domestic Abuse/ The Freedom Programme
- Parenting
- Childcare Advice
- Parental Emotional Well-Being

Call to speak to a duty worker on 0121 464 4189
Monday-Friday 9.00am-4.00pm

HEALTHY START VITAMINS

You can collect your **FREE** Healthy Start Vitamins for Mother and Child from us at
GBNFC Children's Centre.
Monday– Friday 8.30am-5pm.

MONDAY

10.00am-11.30am
Baby Group
Birth- 12 months
The Chinnbrook Centre, B13 0ET

1.30pm-2.30pm
First Words Together
1-2 years
Selly Oak Methodist Church, B29 6HT
5 week course
12th May-16th June
(not running on 26th May)

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The Chinnbrook Centre, B13 0ET
23rd June- 21st July

Please call to book on

TUESDAY

9.30am-11.00am
Play and Learn
Under 5 years
Masefield community centre, B31 2HL

10.00am-11.00am
Stepping Stones
(Referral Only)

5 week course to support parents of children in the Early Years (from birth to 5 years old) with identified or emerging additional needs. Please call for more info!

WEDNESDAY

9.30am-11.00am
Play and Learn
1-2 years
St Andrews Church, B30 2RD

THURSDAY

9.30am-11.00am
Play and Learn
Under 5 years
Chinnbrook Centre, B13 0ET

1.30pm-2.30pm
Musical Babies
Birth-12 Months
The Chinnbrook Centre, B13 0ET
(not running on 26th June)

GBNFC GROUP

FRIDAY

9.45am-11.15am
Play and Learn
Under 5 years
Stirchley Baths, B30 2JT

Most of our Groups are now DROP-IN GROUPS
No need to book just turn up!
Groups with the phone symbol
Please call to book on 0121 464 4189