BABY MASSAGE

Baby Massage promotes bonding and interaction between parents/carers and their babies. It is relaxing and can aid with sleep, digestion, teething and colic through touch and language so they feel loved.

Babies must have had their 6 week check from your GP to take part in Baby Massage.





£10.00 per adult for the course, payable on the first session.

Please bring a towel.

Oils will be provided.

No class on Friday 4th December 2026

📍 - The Chinnbrook Centre, B13 0ET

📅 - 5 week course starting Friday 13th November 2026

🕐 - 1:30pm till 3:00pm

📞 - 0121 464 4189