OUR APPS

Birmingham Family Hub App - Your go-to guide for parenting support, with trusted tips and tailored help for every stage of your family's journey - available anytime, anywhere.

IOS ANDROID

SIGN UP & DOWNLOAD

EasyPeasy - Looking for fun, practical parenting ideas? EasyPeasy is a free app for Birmingham families, full of playful ways to support your child's development.

DadPad - A app designed especially for new dads and dads-to-be. Packed with advice, tips, and local support to help you feel confident and involved through pregnancy, birth, and your baby's early months.

IOS ANDROID

DOWNLOAD

50 Things To Do - Explore 50 fun activities designed for parents and carers to support their children in trying out and repeating engaging and educational experiences.

SCAN ME

Choose Your Parenting Programme
From antenatal to school years, there are programmes to support you and your family's needs!

BEST START IN LIFE
FamilyHubs BIRMINGHAM
fb.com/birminghamfamilyhubs

GBNFC GROUP

Birmingham forward steps

213 TRITTIFORD RD, YARDLEY WOOD, B13 0ET



BEST START FAMILY HUB CHINNBROOK

WHAT'S ON

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SCAN ME

IOS ANDROID

MONDAY

10:00am - 11:30am
Baby Group
Birth - 12 months
The Chinnbrook Centre, B13 0ET

10:30am - 11:45am
Story & Craft
Under 5 Years
Running in conjuction with
Touch Base Pears Library, B29 6NA

1:30pm - 2:30pm
Stepping Stones
(Referral Only)
Please call for more info!



Free Healthy Start Vitamins!
Available at the Best Start Family Hub Chinnbrook Centre!
(Please bring your red book)

TUESDAY

10:00am - 11:30am
KIDS West Midlands Group
Birth - 5 Years
(Referral Needed)
Grendon and Billesley Nursery B14 4RB.
0121 355 2707

10:00am - 11:30am
Play & Learn
Under 5 Years
Sense, Touch Base Pears, B29 6NA

12:30pm - 1:30pm
Chatterbox
2-5 Years
(Referral only)
SENSE Touch Base Pears, B29 6NA

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SCAN ME

IOS ANDROID

WEDNESDAY

9:30am - 11:00am
Chatterbox
2-5 Years
(Referral only)
St Bedes Church B14 6NQ

10:00am - 12:00pm
Footsteps
(Referral Only)
Please call for more infomation!

Pop Up Workshops
Taking place in our Play & Learn and Baby groups support available with:

- Home Safety,
- Bookstart,
- Fussy Eating,
- Behaviour,
- Sleep,
- Weaning
- How Babies Learn To Talk.

Please call **0121 464 4189** for more information

2 Year Development Review!
We provide 2 year development Review with our Early Years Outreach Workers. You will recieve an appointment as your child approaches their 2nd birthday!

THURSDAY

9:30am - 11:00am
Play & Learn
Under 5 Years
The Chinnbrook Centre, B13 0ET

1:15pm - 2:15pm
First Words Together
5 week course
0-2 Years
The Chinnbrook Centre, B13 0ET

10:00am - 11:30am
Breastfeeding Support Group
Selly Oak Methodist, B29 6HT

Health Visitor & Midwife Appointments

For appointments with your Health Visitor & Midwife please call the health visiting hub on:
0121 683 2330

FRIDAY

9:45am - 11:15am
Play & Learn
Under 5 Years
Stirchley Baths, B30 2JT

Family Support Services

We can support you with:

- Health & Wellbeing
- Benefit Advice
- Low level housing advice/ Signposting
- Managing your childs behaviour
- Domestic Abuse.

Family support duty drop in service
Monday to Friday
9am till 4:30pm

0121 464 4189

Baby Shower Event!

For all pregnant parents/ carers in the Selly Oak District!
With demonstrations, freebies, wellbeing advice our baby group tasters and much more!
Please call for more info
0121 464 4189

ADDITIONAL SERVICES

THE FREEDOM PROJECT

This programme will support you if you are still in, thinking of leaving or have left an abusive relationship, It will help you recognise the signs of an abuser and give you the knowledge and self confidence to begin to see it is not your fault.
For more information and to talk confidentially please call our friendly Family support team.

01942 262 270

WOMEN'S AID

We are here to listen and help
Every day, Birmingham and Solihull Women's Aid helps
women who have made the difficult decision to contact us and ask for help.

0121 685 8687

OTHER SERVICES

- Samaritans Providing Emotional & Addiction Support - **116123**
- Umbrella Sexual Health Services - **0121 237 5700**
- National Domestic abuse Helpline- **0808 2000 247**
- Shelter Birmingham - **0344 515 1800**
- Groundwork - saving money on energy bills and keeping warm.
- Resources For Autism - **0208 458 3259**
- Your Local Pantry

EMPLOYMENT & BENEFITS GUIDANCE

THE BRANDWOOD CENTRE

Offering adult education, Benefit and employment support and much more!

RIVERSIDE MONEY ADVICE

Providing support with bills and benefits if you are unsure of your entitlements

OPEN MONDAY - FRIDAY
9AM TILL 4PM
0121 443 3310

TOGETHERNESS PARENTING COURSES

A free digital learning hub for parents, carers and families providing online courses and groups to help support your child.

ACCESS CODE - COMMUNITY

213 TRITTIFORD RD, YARDLEY WOOD, B13 0ET

GROUP INFORMATION

SUPPORT & INFORMATION FOR YOU AND YOUR BABY

WE OFFER SOME AMAZING SUPPORT FOR YOU AND YOUR BABY!

- Baby Massage
- Weaning
- Baby Group
- Breastfeeding Support Group

GROUP INFORMATION

STEPPING STONES

Referral Only
6 Week Course
To support parents of children in the Early Years (From birth to 5) with identified or emerging additonal needs.

FOOTSTEPS

Referral Only
A set of 5 weekly workshops offering SEND Support & guidance. The workshops offer an opportunity to connect with other parents to provide you with a wider support network.



FREE SLING LOAN!

We offer a free sling loan service, please call 0121 464 4189 for more information

BREAST PUMPS LOAN SCHEME

We offer a free breast pump loan scheme, please call 0121 464 4189 for more information.

GROUP INFORMATION

KIDS FAMILY GROUP

Providing a safe space for play and learn sessions for children with additonal needs. Faciliated by KIDS West Midlands

BREASTFEEDING LOUNGE

A comfortable drop in service for advice and support with breastfeeding

BEST START IN LIFE FamilyHubs BIRMINGHAM
fb.com/birminghamfamilyhubs
GBNFC GROUP
Birmingham forward steps

LOCAL INFORMATION



FAMILY VOICES

A place where parents/carers can work together with local service leads and commissioners, to design and evaluate services. This helps to ensure families are at the centre of service delivery across Birmingham and have input on the services you receive!

The Family Voices in each area come together to form city wide Birmingham Family Voices.

CHILDCARE CHOICES

You may be eligible for 15 hours or 30 hours free childcare support. Find out what you are entitled to below!

www.childcarechoices.gov.uk

SCAN ME

Follow us on facebook!
Best Start Family Hub Chinnbrook

SCAN ME



fb.com/birminghamfamilyhubs

213 TRITTIFORD RD, YARDLEY WOOD, B13 0ET

NURSERY INFORMATION

WE HAVE TWO NURSERIES AND ONE PRE-SCHOOL WITHIN THE GROUP!

Grendon and Billesley Nursery, Birth - 5 years
15 Grendon Road, B14 4RB - 0121 464 0090

GBNFC at Chinnbrook Nursery, 2-5 years
213 Trittiford Road, B13 0ET - 0121 464 4772

Hollywood Pre School, 3-5 years (term time only)
Pickenham Road, B14 4TG - 0121 675 4528



fb.com/birminghamfamilyhubs