



Primary Age CAT PAC - Spring Term 2026

At Boldmere Junior School, Cofield Road, Sutton Coldfield, B73 5SD

We would like to invite you to a CAT PAC course, our parent awareness course designed to support parent carers of children with a diagnosis of autism or children who are on the neurodevelopmental pathway for assessment and who are on CAT caseload in a primary school setting.

The course has been designed for parent carers, who want to increase their understanding of autism.

SPRING TERM 2026

Session1 – An introduction to Autism	13 th January 2026: 9.15-11.15am
Session 2 – Communication and Interaction	20 th January 2026: 9.15-11.15am
Session 3 – Sensory differences	27 th January 2026: 9.15-11.15am
Session 4 – Eating, sleeping, personal care	3 rd February 2026: 9.15-11.15am
Session 5 – Autism and Anxiety	10 th February 2026: 9.15-11.15am
HALF TERM	
Session 6 – Parent/ carer choice & signposting services	24 th February 2026: 9.15-11.15am

- Please email A2Egeneral@birmingham.gov.uk to reserve a place.

The subject or title of your email needs to state that it is for the:

Spring Term 2026 Primary CAT PAC Boldmere Junior School– *In your email please include:*

- Your name – Parent carer
- Your Child's name
- Your Child's school (Add your child's CAT worker if known)
- Due to limited places, the course will be offered to the first families to contact us.
- There is an expectation that parents try to attend all sessions if possible.

You will receive an email response to confirm your place on the course, or to tell you that the course is full. Please note there are no childcare facilities at the venue.

Dawn Fisher, Viv Walters and Julie Watchorn Brennan.